

What is an email header?

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The email header is the information that travels with every email, containing details about the sender, route and receiver. It is like a flight ticket: it can tell you who booked it (who sent the email), the departure information (when the email was sent), the route (from where it was sent and how did it arrive to you) and arrival details (who is the receiver and when it was received). As when you would book a flight ticket with a false identity, the same goes for emails: the sender can partially fake these details, pretending that the email was sent from a different account (common practice for spammers or viruses).