

## How do I analyze message headers in Thunderbird?

Author:  
**Webservio Inc.**

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To extract email headers from Thunderbird:

- » Double-click the message to open it in a separate window.
- » From the View menu, select Headers > All.
- » Click the Forward button to forward the email to a third party.
- » Do one of the following:
  - » View the message as is (with full headers) to the required address, or:
  - » Select the header and copy and paste it into a new message.
- » Copy and paste the header into the Header Analyzer, and click Analyze Header.